

FALL 2026

WATSON CLINIC Health scene

**New medical
campus now open!**

Inside this issue

- + High-tech help for bladder control
- + Patient portals: 24/7 access to your health info



Health Scene is a community health education magazine made possible by generous donations from Watson Clinic Foundation's supporters.

How a patient portal helps you manage your care

24/7 ACCESS TO YOUR HEALTH INFO

Taking charge of your healthcare is easier when the information you need is available online anytime you want it. That's where patient portals come in.

Patient portals are password-protected websites that allow you to access your health information and connect with your provider via smartphone or computer.

When you sign up to use a patient portal, you create a login name and set up a password that only you know so that you can log in privately. The site and your information are secure, and you can access your patient portal 24/7.

Your information is always in reach

The Watson Clinic MyChart Patient Portal makes managing your health easier. Your healthcare history follows you wherever you go, including any of the three facilities at our new Lakeland Highlands campus. On this free platform you can:

- Send a message to your healthcare team.
- Schedule an appointment with your provider.
- View information about your recent provider visits.
- See your lab or other test results.
- View records of immunizations you've had and ones you may need.
- Pay your medical bill.
- See paperless billing statements.
- Request a medication refill.
- View the list of medications that you take and submit list updates for approval.



Sign up for the Watson Clinic patient portal

It takes only a few minutes to register for a free Watson Clinic MyChart Patient Portal account of your own. Visit **WatsonClinic.com/MyChart** to learn more.

- View educational materials to help you prevent or manage a health condition.
- Update your contact or insurance information.

Make the most of the patient portal

These quick tips can help make communication with your provider's office and other uses of the portal smooth and efficient:

- Keep your messages to your provider brief and on point. Focus on only one or two concerns or questions.
- Be patient. Most providers respond within a day or two.
- Try not to interpret your test results yourself. Your provider is the best person to interpret these results for you. If anything is abnormal, your provider will contact you.

FROM THE DESK OF DR. WILLIAM J. ROTH

A medical campus like no other in our community

A new era of healthcare excellence in our community has arrived with the opening of our sprawling campus in south Lakeland!

This impressive project features a state-of-the-art hospital, a four-story medical office building and a highly advanced outpatient surgery center.

Orlando Health Watson Clinic Lakeland Highlands Hospital

In our 85-year history of serving the healthcare needs of our community, this is the only hospital to ever bear our name. Remarkably, it's also the first new hospital opening in Lakeland in over a century.

Watson Clinic Parkway Medical Center

This 80,000-square-foot facility offers patient appointments with many of our most popular specialists from an array of diverse departments.

Watson Clinic Surgery Center South

Much like our Watson Clinic Surgery Center in north Lakeland, this

outpatient surgical center is designed to accommodate patient procedures that don't require an overnight hospital stay.

Designed with you in mind

These three facilities are built entirely around the patient experience. Whether you're attending a routine doctor's appointment, undergoing a same-day surgical procedure or in need of hospitalized care, you'll find all the medical services you need in one common location. For us, this campus is all about making healthcare easier to access, more connected and more convenient while maintaining the highest standards of quality and compassion our community deserves.

You'll find detailed profiles of each facility within this issue, as well as introductions to our growing slate of new physicians and providers.



Yours in good health,
William J. Roth, MD, PhD
Watson Clinic President,
Chair and Managing Partner

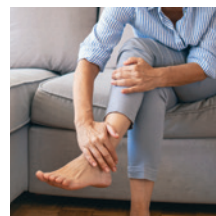
A quick look inside



7

NEW TREATMENT FOR URGE URINARY INCONTINENCE

Live free from that constant need to go.



14

COMMON FOOT PROBLEMS

Don't let them slow you down.



Check out our website

WatsonClinic.com

Email us at
HealthScene@WatsonClinic.com



Fall 2026

HEALTH SCENE is published three times a year (this is issue 2 of 3) as a special service for the friends and neighbors of WATSON CLINIC. It is supported by generous contributions made to Watson Clinic Foundation, Inc. The Foundation's mission is to promote community wellness through education, research, service and collaboration.

If you wish to be added to or removed from the *Health Scene* mailing list, please write to HealthScene@WatsonClinic.com or Watson Clinic's Marketing Communications and Media Relations department at 4263 S. Florida Ave., Lakeland, FL 33813, or call **863-904-4653**. We will facilitate your request before the next issue.

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Information in HEALTH SCENE comes from a wide range of medical experts. Models may be used in photos and illustrations. If you have any concerns or questions about specific content that may affect your health, please contact your Watson Clinic healthcare provider at **863-680-7190**.

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WE'RE GROWING!

Welcome our newest physicians and providers



Robert McLean, MD, PhD
Otolaryngology (ENT)*

Education: Texas A

& M College of Medicine, College Station, TX, MD; Duke University, Durham, NC, PhD

Internship and Residency:

University of Missouri, Columbia, MO, Otolaryngology–Head & Neck Surgery

Board certification: Otolaryngology

Location: Watson Clinic Plant City and Watson Clinic Bartow Building A

Appointments: 863-904-6296 or WatsonClinic.com/McLean



Ngoc Nguyen, MD
Anesthesiology

Education: University of Miami School of

Medicine, Miami, FL, MD

Internship: LSU Health Shreveport, Shreveport, LA, Pediatric

Residency: Texas Tech University Health Science, Lubbock, TX, Anesthesiology

Board certification: Anesthesiology

Location: Watson Clinic Surgery Center



Axel Santiago, MD
Sports Medicine/ Nonsurgical Orthopaedics*

Education: Universidad Iberoamericana, Santa Domingo, Dominican Republic, MD

Residency: Manati Medical Center, Manati, Puerto Rico, Family Medicine

Fellowship: WellSpan Health, York Hospital, York, PA, Sports Medicine

Board certification: Family Medicine

Locations: Watson Clinic Main and Watson Clinic Parkway Medical Center

Appointments: 863-680-7214 or WatsonClinic.com/Santiago



Josephine Shinn, MD
Breast Surgery

Education: University of North Carolina,

Chapel Hill, NC, MD

Residency: Virginia Tech–Carilion Clinic, Roanoke, VA, General Surgery

Fellowship: University of Alabama–Birmingham, Birmingham, AL, Breast Surgery Oncology

Memberships: American Society of Breast Surgeons, Florida Medical Association

Location: Watson Clinic Parkway Medical Center

Appointments: 863-680-7486 or WatsonClinic.com/Shinn



Sue Bowles, APRN
Dermatology*

Education: University of South Florida,

Tampa, FL, BSN; Florida Southern College, Lakeland, FL, MSN

Memberships: American Association of Nurse Practitioners, Polk County Advanced Practice Nurses Association

Supervising physician: William Roth, MD, PhD

Location: Watson Clinic Bella Vista Building

Appointments: 863-904-6201 or WatsonClinic.com/Bowles



Shannon Burke, PA
Dermatology

Education: University of Central Florida,

Orlando, FL, BS; South University, Tampa, FL, MS

Memberships and certification:

American Academy of Physician Assistants, Florida Academy of Physician Assistants, National Commission of Certification of Physician Assistants

Supervising physicians: Sharon Fairbee, MD, and William Roth, MD, PhD

Location: Watson Clinic Bella Vista Building

Appointments: 863-904-6201 or WatsonClinic.com/Burke



**Kailah Costello,
DNP, APRN
Internal Medicine**

Education:

University of South
Florida, Tampa, FL, MSN, DNP

Memberships and certification:

American Association of
Neuroscience Nurses, Obesity
Medicine Association

Supervising physician: Lilliam
Chiques, MD

Location: Watson Clinic Main

Appointments: 863-680-7190 or
WatsonClinic.com/Costello



**Grace Diaz,
APRN
OB-GYN,
Urogynecology
and**

**Reconstructive Pelvic
Surgery***

Education: University of South
Florida, Tampa, FL, BSN, MSN

Certification: American Academy
of Nurse Practitioners

Supervising physician: Tarek Garas,
MD, FACOG, FACS

Location: Watson Clinic Bella Vista
Building

Appointments: 863-680-7312 or
WatsonClinic.com/Diaz



**Jocelyne
Mendoza, PA
Urgent Care***

Education: Florida
Atlantic University,

Boca Raton, FL, BS; Lincoln Memorial
University, Harrogate, TN, MMS

Certification: National Commission
on Certification of Physician
Assistants

Supervising physician: Jarett
Gregory, DO

Location: Watson Clinic Urgent Care
South

Appointments: Walk-ins welcome,
or reserve a time to be seen
using the On My Way feature at
WatsonClinic.com/UCSouth



**Brittany
Orth, APRN
Internal
Medicine**

Education: Polk

State College, Lakeland, FL, BSN;
South University, Tampa, FL, MSN

Memberships: American Academy
of Nurse Practitioners

Supervising physician: Agustin
Tavares, MD

Location: Watson Clinic South

Appointments: 863-680-7190 or
WatsonClinic.com/Orth



**Sudha Rao, PA
Pain
Management**

Education: St.

John's University,
Jamaica, NY, BSPAS

Certification: National Commission
on Certification of Physician
Assistants

Supervising physician: Shawn
Amin, DO

Location: Watson Clinic Main

Appointments: 863-680-7300 or
WatsonClinic.com/Rao



**Laura Russell,
APRN, CNM
OB-GYN,
Urogynecology
and**

**Reconstructive Pelvic
Surgery**

Education: Wright State University,
Dayton, OH, BSN; Thomas
Jefferson University, Philadelphia,
PA, MS, Midwifery

Memberships and certification:

American Midwifery Certification
Board, American Society for
Colposcopy and Cervical Pathology,
Nexplanon Risk Evaluation and
Mitigation Strategy program

Supervising physician: Tarek Garas,
MD, FACOG, FACS

Location: Watson Clinic Bella Vista
Building

Appointments: 863-680-7312 or
WatsonClinic.com/Russell

***Se habla español**

New faces & new places

With three new locations—and over 50 new
physicians and advanced practice providers joining
us this year alone—Watson Clinic is growing and
stronger than ever! We've been proud to serve
as Central Florida's Premier Healthcare Provider
for over 85 years, and we're just getting started.

**Meet the newest members of
our team by visiting our website at
WatsonClinic.com/NewDocs2026.**



CPR classes now available

Watson Clinic is pleased to offer a series of resuscitation classes that are open to the public. Led by Watson Clinic ACLS Instructor **Claire Jaworsky, RN, BSN**, each class provides participants with the training and certification they need to become proficient in Basic Life Support (BLS), Advanced Cardiovascular Life Support (ACLS) and Pediatric Advanced Life Support (PALS, through the American Heart Association).

In addition, we also offer American Red Cross Adult and Pediatric First Aid/CPR/AED blended courses for community members and non-healthcare professionals alike. For more information and to reserve your spot for the class of your choice, visit **WatsonClinic.com/CPR**.

Are you on TikTok?

So are we! Follow us today, and enjoy the latest video updates from Watson Clinic, including patient testimonials, physician and provider spotlights, and special event coverage.



Go to **TikTok.com/@WatsonClinic**.

And while you're at it, we hope you can join us on our additional social media platforms as well:

- Facebook: **[/WatsonClinicFL](https://WatsonClinicFL)**
- X: **[/WatsonClinic](https://WatsonClinic)**
- Instagram: **[/Watson_clinic](https://Watson_clinic)**
- YouTube: **[/WatsonClinicLLP](https://WatsonClinicLLP)**



Prepare for flu season

It's that time of year again! Flu season is upon us, and an annual immunization remains your best defense against the potentially serious risks associated with this common illness.

Watson Clinic proudly offers dedicated Flu Clinics for our established patients across many of our most popular locations. If a patient does not receive their immunization at one of these Flu Clinics, they may do so during a regularly scheduled appointment with their Watson Clinic Family Medicine or Internal Medicine physician at most locations.

For more information, call our Flu Clinic SHOTline at **863-680-7FLU (863-680-7358)**, visit our website at **WatsonClinic.com/Flu** or consult your Watson Clinic physician.

Compassionate mental healthcare



Is your child experiencing mental or behavioral health issues? Remove the stigma and embrace gentle, personalized care with **Dr. John "Worth" Hopkins**, a board-certified Psychiatrist who specializes in the treatment of children, adolescents and young adults from his office at Watson Clinic Main in Lakeland.

Call **863-680-7877** or visit **WatsonClinic.com/Hopkins** for more information and to schedule an appointment.

New incontinence treatment restores quality of life

Tens of millions of adults in the United States struggle with bladder control issues, otherwise known as urinary incontinence. This common condition can severely impact a person's quality of life and their ability to function productively on a daily basis.

Altaviva™ is a breakthrough implantable tibial neuromodulation system approved for the treatment of urge urinary incontinence. The procedure involves implanting a small device near the ankle using a tiny (2 cm) incision. The system delivers therapeutic stimulation therapy to the tibial nerve, which vastly reduces the symptoms associated with the condition.

Two Watson Clinic providers are the first specialists in the area to offer this exciting outpatient procedure:



Tarek G. Garas, MD, FACOG, FACS

Dr. Tarek G. Garas

is a board-certified OB-GYN, Urogynecologist and Reconstructive Pelvic Surgeon who treats patients from the Watson Clinic

Bella Vista Building at 1755 N. Florida Ave. in Lakeland and Watson Clinic Bartow Building B at 2000 Osprey Blvd., Suite 201, in Bartow.



Genesis Nieves, MD

Dr. Genesis Nieves is a Urology specialist who treats patients from Watson Clinic Parkway Medical Center at 4060 Lakeland Highlands Road in Lakeland.

"Altaviva is a simple outpatient procedure that is minimally invasive, starts working right away and allows



patients to return home the same day," says Dr. Garas.

"By regulating the communication between the brain and bladder, the device makes it possible for patients to live their lives free from the constant and uncontrollable urge to urinate," Dr. Nieves explains.

Altaviva is implanted at both the Watson Clinic Surgery Center at 1315 N. Florida Ave. in Lakeland and Watson Clinic Surgery Center South at 4050 Lakeland Highlands Road in Lakeland.

Make an appointment

Call **863-680-7312** or visit **WatsonClinic.com/Garas** to schedule a consultation with Dr. Garas. To schedule a consultation with Dr. Nieves, call **863-680-7300** or visit **WatsonClinic.com/Nieves**.

**ORLANDO
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CLINIC®**
Lakeland Highlands Hospital

**Orlando Health
Watson Clinic Lakeland
Highlands Hospital**

4000 Lakeland Highlands Road
Lakeland, FL 33812

New location spotlight

ORLANDO HEALTH WATSON CLINIC LAKELAND HIGHLANDS HOSPITAL

A hospital is a place where medical expertise, advanced technologies and simple human compassion intertwine to change lives. It's a haven for healing, and its impact on the health and vitality of a community can be profound.

Orlando Health and Watson Clinic first announced their intentions to collaborate on a hospital in March 2025, and the community immediately embraced the promise of unparalleled accessibility to the highest caliber of hospital-based care.

Those intentions are now a reality with the recent opening of Orlando

Health Watson Clinic Lakeland Highlands Hospital. This is the first hospital to open in Lakeland in over a century, and it represents a landmark investment that will shape a new era of healthcare in our region.

Bringing trusted names together for patients

"When Watson Clinic was approached about the possibility of collaborating with Orlando Health on this hospital, we jumped at the opportunity," recalls Watson Clinic Chief Executive Officer Jason Hirsbrunner. "After 85 years of serving the healthcare needs of our

community, we knew we could help staff the hospital with the expert physicians and providers our patients have come to know and trust."

The unique power of this collaboration is evident throughout the hospital. Physicians and other leaders from both organizations have been heavily involved in designing the facility, selecting state-of-the-art technologies, and planning the comprehensive services to be offered there.

Expanded features for every stage of care

The hospital features:



- 306 inpatient beds, 69 emergency and observation beds, 11 operating rooms, multiple cardiac and interventional suites, and 18 intensive care units (ICU).
- Obstetric services and accommodations, including eight labor and delivery rooms, two special C-section operating rooms, and more than 25 postpartum rooms. A 12-room neonatal intensive care unit (NICU) is forthcoming.
- Neuroscience services with advanced stroke and spine care. A state-of-the-art biplane neurology scanner helps neurologists and interventional radiologists diagnose and treat complex brain and vascular conditions.
- Highly advanced radiology capabilities, including 3-T

magnetic resonance imaging (MRI), which is considered the gold standard in detailed and accurate high-resolution imaging.

More to come

Additional specialized programs will be announced at a later date.

If you're a Watson Clinic patient who requires hospitalized care, we encourage you to choose the hospital that shares our name.

For more information on the specialties we represent at the hospital, the insurance plans accepted there and more, visit the FAQ link at WatsonClinic.com/OH.

History on display

When patients and their loved ones visit Orlando Health Watson Clinic Lakeland Highlands Hospital, they can enjoy an informative first-floor lobby display recounting historical highlights of both Watson Clinic and Orlando Health.

The multi-panel display outlines Watson Clinic's founding in 1941, our unprecedented growth over the years and our commitment to innovation throughout our history, which includes introducing a series of groundbreaking procedures and technologies to the community, such as open-heart surgery, robotic surgery, 3D mammography and innovative cardiac implants.

Orlando Health's informative display recounts the company's origins dating back to 1918, its tradition of excellence and healing, and the high standards of quality and compassionate care it has introduced to regions across the Southeastern United States.

A separate display panel is reserved for future accomplishments achieved at the hospital, such as the first baby born in the facility, the introduction of new treatments and technologies, and more.





Watson Clinic Parkway Medical Center

4060 Lakeland Highlands Road
Lakeland, FL 33812



New location spotlight

WATSON CLINIC PARKWAY MEDICAL CENTER

Embrace a lifetime of good health at Watson Clinic Parkway Medical Center, a four-story, 80,000-square-foot facility featuring many of our most popular specialties, including:

- Breast Surgery
- Cardiology
- General Surgery
- Hand Surgery
- OB-GYN
- Orthopaedic Surgery and Sports Medicine
- Pediatrics
- Podiatric Surgery

● Urology

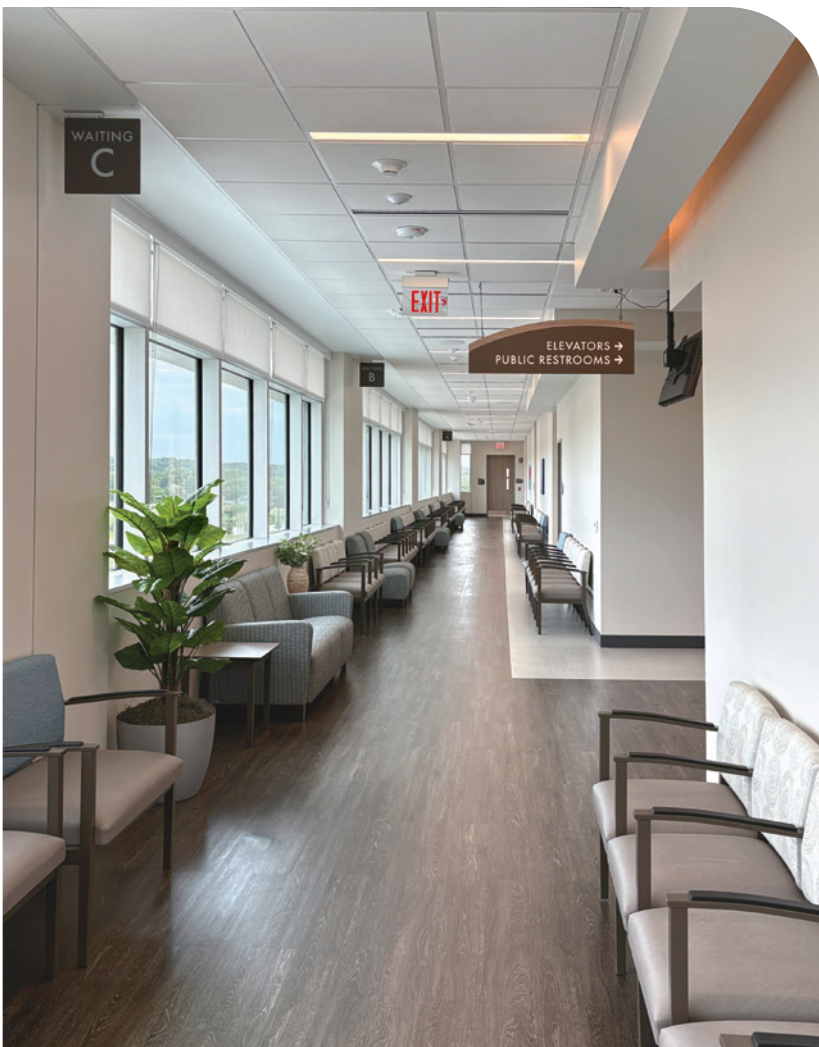
Several of these specialties have been made available for the first time in the south Lakeland area, enhancing accessibility and convenience for patients throughout this growing section of our community and beyond.

Advanced technologies

The facility also features eight on-site laboratory bays for blood draws and a Point of Care room, where specimens are collected and

analyzed. An extensive radiology department offers the latest in imaging technologies, including MRI, CT, ultrasound and x-ray. Like all of our radiology locations, scan times take 30 minutes or less to complete, except for a handful of complex exams that may take longer to set up.

Having these services in the same building empowers a more convenient and productive patient appointment experience. Results arrive faster, because you don't



have to travel to another facility to have your tests performed.

Patients also benefit from self-check-in kiosks, expansive waiting areas, and additional features that support operational efficiency and patient comfort.

On-site exams and procedures

Our specialists can perform a series of in-office exams and procedures from Parkway Medical Center, thanks to the facility's highly advanced accommodations, including:

- State-of-the-art procedure rooms where our Urology team can perform cystoscopies, prostate biopsies and vasectomies.
- Another procedure room housing a C-Arm high-resolution

imaging device that our Orthopaedic Surgery team utilizes for minimally invasive in-office procedures, like fracture reductions, joint aspirations and injections, and more.

- Comfortable OB-GYN exam rooms specially equipped for prenatal nonstress tests and ultrasound procedures.
- More involved procedures that can be performed on a same-day basis may be referred to Watson Clinic Surgery Center South, while those that require more extended inpatient care may be performed at Orlando Health Watson Clinic Lakeland Highlands Hospital. Both facilities share a campus with Parkway Medical Center.

A healthcare haven designed for you

Parkway Medical Center is a state-of-the-art facility that delivers exactly what our patients have come to expect from Watson Clinic: comprehensive, personalized care from a team of compassionate physicians and providers who deliver the latest technologies and progressive treatments.

For additional details, including a complete roster of physicians and providers who will offer appointments from this location, visit WatsonClinic.com/Parkway.



Watson Clinic Surgery Center South

4050 Lakeland Highlands Road
Lakeland, FL 33812

New location spotlight

WATSON CLINIC SURGERY CENTER SOUTH

For surgical procedures that don't require an overnight hospital stay, there's Watson Clinic Surgery Center South, a 30,000-square-foot facility featuring six operating rooms, six post-anesthesia care units and 20 pre- and post-surgery holding bays.

Much like our Watson Clinic Surgery Center in north Lakeland, this new facility provides a convenient and cost-effective option that's become increasingly popular among patients.

Patients appreciate the streamlined admittance and discharge process, the comfort of the surroundings, and most of all, the ability to return home the same day.

A host of same-day surgical procedures are performed in-house at Watson Clinic Surgery Center South—from select joint replacements to kidney stone removals. Departments that perform procedures from here include:

- General Surgery
- Hand Surgery
- Orthopaedic Surgery
- Otolaryngology (ENT)
- Plastic & Reconstructive Surgery
- Podiatric Surgery
- Urology

For more information on this exciting outpatient surgical facility, visit [WatsonClinic.com/SurgeryCenterSouth](https://www.WatsonClinic.com/SurgeryCenterSouth).



Advancements in breast cancer surgery



Josephine Shinn, MD

The widespread embrace of mammography has elevated breast cancer survivorship rates tremendously in recent years. After all, when patients remain vigilant about receiving regular mammograms as directed by their physician, the presence of cancer can usually be detected in its earliest stages, when it's most treatable.

But the prospect of undergoing surgery to remove a cancerous lesion found in the breast can still inspire trepidation in many patients. Thankfully, modern advances in the field of breast surgery have made the process more effective and less invasive than ever before.

"From a surgical standpoint, it's not what it used to be," assures **Dr. Josephine Shinn**, a Breast Surgery specialist who treats patients at Watson Clinic Parkway Medical Center in south Lakeland. "For a lot of people, breast surgery involves a very small incision, they go home the same day, and their recovery time is minimal."

Comprehensive care

Surgical options may include breast conserving surgery, oncoplastic breast surgery designed to hide scarring, nipple-sparing mastectomy procedures and more. Most procedures can be performed on



a same-day outpatient basis at the Watson Clinic Surgery Center South facility, while more involved surgeries may be referred to the Orlando Health Watson Clinic Lakeland Highlands Hospital. Both locations share a campus with Watson Clinic Parkway Medical Center.

Some patients are especially worried about the cosmetic component of breast surgery and the appearance of their breast following a surgical procedure. Impressive strides have been made in this part of the process as well. Watson Clinic's Plastic Surgery specialists are integrated into the treatment plan early

to ensure a patient's desired aesthetic results.

In addition to working closely with our Plastic Surgery team during a patient's treatment, Dr. Shinn confers with Watson Clinic's Radiology, Radiation Therapy and Chemotherapy specialists to ensure smooth and comprehensive continuity of care.

Appointments with Dr. Shinn may be scheduled by calling 863-680-7486 or visiting WatsonClinic.com/Shinn.



More on Health Talk

Dr. Shinn shares additional insights on minimally invasive breast surgery techniques during the latest episode of the Watson Clinic Health Talk podcast. Visit **WatsonClinic.com/Podcast** or scan the QR code to listen in!



Watch out for these common foot problems

You only get one pair of feet, so it's essential to treat them well. Regular preventive care can help keep your feet healthy throughout your life.

Here's a rundown of several common foot conditions that might send you to a foot specialist, known as a podiatrist.

Achilles tendonitis and plantar fasciitis. These are the most common causes of heel pain. Achilles tendonitis results in acute and chronic pain and stiffness in the Achilles tendon, while plantar fasciitis is triggered by strain or injury to the band of tissue that connects your heel to the ball of your foot. Both conditions are usually worse in the morning and after resting. A podiatrist can diagnose and recommend appropriate treatments.

Fractures, sprains and tendon injuries. Podiatrists address these issues utilizing several treatment modalities. Surgery is occasionally required.

Infections and wounds. It's important to see a podiatrist quickly if you suffer a wound or suspected infection. Prompt medical attention can prevent a host of potential complications, including the loss of your leg.

Bunions and hammertoes. Both conditions can be painful and debilitating. Bunions are bony bumps that develop at the base of your big toe joint, while hammertoes are characterized by a z-shaped bend in a toe that cannot be easily straightened. The cause of both conditions is usually genetic. Improper shoe wear can make them worse. A podiatrist can help with shoe modifications, and sometimes surgery may be necessary.

Peripheral neuropathy. This common condition has many causes, including diabetes. The resulting nerve damage often leads to a loss of sensation and can be painful. It should be managed carefully by a doctor.

Gout. This painful condition is characterized by redness and swelling. The cause is an elevation of uric acid, and family history and diet can play a significant role in its development. The condition should be properly managed by a podiatrist.



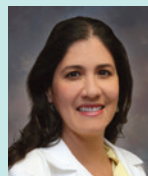
Meet your Podiatric Surgery team

Watson Clinic's Podiatric Surgery experts treat patients at a number of convenient locations, including our new Watson Clinic Parkway Medical Center, and perform same-day outpatient surgical procedures at the Watson Clinic Surgery Center and new Watson Clinic Surgery Center South facility.



James J. Butler, Jr., DPM

Watson Clinic Main and
Watson Clinic Parkway
Medical Center



Zully A. Calvo, DPM

Watson Clinic South and
Watson Clinic Parkway
Medical Center



**Dominic E. DiPierro, DPM,
FACFAS**

Watson Clinic Highlands

Appointments with each of these board-certified physicians may be scheduled by calling **863-680-7214** or by visiting **[WatsonClinic.com/Podiatry](https://www.WatsonClinic.com/Podiatry)**. Same-day appointments are always available.

New Arts in Medicine gallery features renowned artist

When most people walk into a cancer center, they expect to see waiting rooms, exam rooms and medical equipment. What they don't expect is to find themselves surrounded by original works of art that invite them to pause, reflect and simply breathe.

At the Watson Clinic Cancer & Research Center, healing extends beyond medicine. Through the Watson Clinic Foundation's Arts in Medicine program, the center has become home to a rotating gallery of local artists, whose work offers comfort, beauty and moments of respite during what can be one of life's most difficult journeys.

Now showing: Art by Pat Percy

The program's current exhibition celebrates that philosophy through a collection of artwork from renowned local artist Pat Percy (1934–2023), presented through a partnership with the Lakeland Arts Association and generously on loan from her estate.

Percy's life was a remarkable blend of creativity, movement and lifelong curiosity. The daughter of vaudeville puppeteers, she developed an early appreciation for the performing arts, before beginning her lifelong passion for dance.

In 1957, Percy joined the Taliesin Fellowship, under legendary architect Frank Lloyd Wright, an experience she later described as "the most wonderful opportunity of my life." During her time there, her design, created with fellow apprentices, was selected as the basis for the U.S. postage stamp honoring Wright's legacy.



Come and see

Visitors are encouraged to explore the collection using complimentary walking guides available throughout the Cancer & Research Center. The guides provide insight into each featured work and include information about purchasing available pieces.

Through the partnership with the Lakeland Arts Association, a

portion of proceeds from artwork sales benefits the Watson Clinic Foundation, helping expand programs that bring the healing power of the arts to patients throughout our community.

The Watson Clinic Foundation's Arts in Medicine program is housed on the second floor of the Watson Clinic Cancer & Research Center, at 1730 Lakeland Hills Blvd., in Lakeland.

What's next and how you can help

For more information on the Foundation's roster of special programs and to make a monetary donation in support of our mission to promote the wellness of our community through education, research, service and collaboration, visit WatsonClinic.com/WCF.

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WATSON CLINIC
Foundation

1430 Lakeland Hills Blvd.
Lakeland, FL 33805

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Coffey
Communications

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WATSON CLINIC

A New Era of Healthcare Excellence in *Our Community*.

Introducing one sprawling campus
NOW OPEN to serve *all of your healthcare needs*.

There's the **Orlando Health Watson Clinic Lakeland Highlands Hospital**, featuring over 300 inpatient beds and the Watson Clinic doctors you know and trust; **Watson Clinic Parkway Medical Center**, a beautiful four-story medical office building where you can attend your regular appointments with physicians and providers from some of our most popular specialties; and **Watson Clinic Surgery Center South**, a state-of-the-art outpatient surgery facility offering convenient and cost-effective same-day procedures.



**ORLANDO
HEALTH** | **WATSON
CLINIC**

Lakeland Highlands Hospital

4000 Lakeland Highlands Road
Lakeland, FL 33812



WATSON CLINIC
Parkway Medical Center

4060 Lakeland Highlands Road
Lakeland, FL 33812



WATSON CLINIC
Surgery Center South

4050 Lakeland Highlands Road
Lakeland, FL 33812



Central Florida's Premier Healthcare Provider

WatsonClinic.com/OH |