



WATSON CLINIC

Obstetrics & Gynecology

Comprehensive Women's Healthcare in Bartow

Board-certified OB-GYN and Urogynecology and Reconstructive Pelvic Surgeon **Tarek G. Garas, MD** is proud to offer personalized gynecologic care to residents of Bartow and surrounding communities, alongside trusted registered nurse practitioners.

In addition to routine gynecologic examinations and contraceptive management, Watson Clinic Building B provides a host of treatments for a number of common conditions, including:

- Gynecologic Exams and Treatments
- Urinary and Fecal Incontinence
- Irregular Bleeding
- Pelvic Organ Prolapse
- Sexual Dysfunction
- Osteoporosis
- Menopausal Medicine

Procedures are conducted both in-office and at Bartow Regional Medical Center. In addition to this Bartow location, Dr. Garas and his team remain available to patients at the Watson Clinic Bella Vista Building in Lakeland.

Appointments: 863-680-7243 | [f](#) [X](#) [v](#) [p](#) [in](#) [ig](#)

Watson Clinic Bartow delivers a wide range of gynecology services and the latest treatment options with an unparalleled level of experience and expertise.

TAREK G. GARAS, MD, FACOG, FACS, MIGS



Education

- Creighton University School of Medicine, Omaha, NE, MD
- University of Miami/Jackson Memorial Hospital, Miami, FL, Residency & Administrative Chief Resident

Professional Activities & Memberships

- American Board of Obstetrics and Gynecology Certification; Subspecialty Certification in Urogynecology and Reconstructive Pelvic Surgery
- Focused Practice Designation in Minimally Invasive Gynecologic Surgery
- Fellow, American Congress of Obstetricians and Gynecologists
- Fellow, American College of Surgeons
- American Urogynecologic Society
- Society of Pelvic Reconstructive Surgeons
- International Urogynecologic Association
- Alpha Omega Alpha Medical Honor Society
- Society of Laparoendoscopic Surgeons
- Florida Obstetric and Gynecologic Society

Additional Languages Spoken

- Spanish



Alicia Belisle, APRN



Sara Matthews, PA



Nicole K. Rule, APRN, PHD

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Hours of Operation:

Mon., Tue., Thur.: 8:30 am to 4 pm · Friday: 8:30 am - 12 pm
Extended evening hours and select Saturdays available.



Watson Clinic Bartow Building B

2000 Osprey Boulevard | Suite 201 | Bartow
863-680-7243 | WatsonClinic.com/BartowB