Delivering the Personalized Services You Expect

Watson Clinic’s OB-GYN department features a team of highly experienced specialists, both male and female providers, convenient Lakeland and Bartow locations, and a complete roster of women’s health services including routine gynecologic care, high-risk pregnancy care and complex surgical capabilities. Patients are active participants in their own care, and referrals for screenings are provided as needed for laboratory services, bone density scans and the latest 3D mammography.

General Gynecology - Watson Clinic provides exceptional gynecologic care for every phase of a woman’s life. We offer a complete range of services including annual evaluations, menstrual irregularity treatments, contraceptive modalities, minor in-office procedures, ultrasound evaluations, as well as highly advanced vaginal, laparoscopic and robotic surgical procedures.

Obstetrics & Delivery Coverage - For expectant mothers-to-be, our obstetricians are among the most recognized and accomplished in Central Florida. Our department provides services ranging from prenatal counseling to complete pregnancy care and everything in between, including genetic testing, the latest in 4D/3D ultrasound imaging, and effective management of the highest-risk pregnancies. Our team works closely together to ensure a warm and attentive continuity of care for each patient. We also offer a multitude of pregnancy, childbirth and newborn education classes and expert lactation consultants.

Female Pelvic Medicine & Reconstructive Surgery - For women experiencing pelvic pain, urinary incontinence, fecal incontinence and pelvic organ prolapse, our Female Pelvic Medicine and Reconstructive Surgery program offers the latest evaluation and treatment options available.

Reproductive Endocrinology and Fertility - When certain health disorders and fertility issues hinder women from participating in the miracle of new life creation, Watson Clinic provides expert and compassionate consultation, evaluation and treatment options right here in Polk County. Our team offers consultative IVF services at the Bella Vista Building with a physician on staff at the nationally recognized Center for Reproductive Medicine to expand the breadth and availability of these services even further.

Gynecologic Oncology - Working closely with the OB-GYN team, gynecologic oncologist Dr. Richard J. Cardosi diagnoses and treats all cancers of the female reproductive system. Dr. Cardosi, a nationally recognized expert in robotic techniques, utilizes this in over 70% of his surgical procedures.
Additional Providers

The following specialists assist members of the OB-GYN team for a superior healthcare experience.

Brooke Bambridge, APRN
Obstetrics - Gynecology – Bella Vista Building
Under the guidance of Dr. Curtis

Alicia Belisle, APRN
Obstetrics - Gynecology – Bella Vista Building
Under the guidance of Dr. Garas

Wendi Johnson, APRN
Gynecologic Oncology – Bella Vista Building
Under the guidance of Dr. Ellington

Melissa Kham, DNP, APRN
Gynecologic Oncology – Bella Vista Building
Under the guidance of Dr. Richard Cardosi

Holly C. Payne, APRN
Obstetrics - Gynecology – Highlands
Under the guidance of Dr. Hopper and Dr. Langley

Nicole Rule, APRN, PHD
Gynecology – Bella Vista Building and Bartow Building B
Under the guidance of Dr. Garas

Italia Stuart, APRN
Gynecology – Highlands
Under the guidance of Dr. Hopper and Dr. Langley

Watson Clinic Obstetrics & Gynecology Team

Samantha J. Curtis, MD, FACOG
Obstetrics & Gynecology
Bella Vista Building
- Medical Degree from Medical College of Georgia, Augusta, GA
- Internship and Residency in Obstetrics and Gynecology, Winnie Palmer Hospital for Women & Babies, Orlando, FL
- Board-certified in Obstetrics and Gynecology

Tarek G. Garas, MD, FACOG, FACS, MIGS
OB-GYN, Female Pelvic Medicine & Reconstructive Surgery
Bella Vista Building & Bartow Building B
- Medical Degree from Creighton University School of Medicine, Omaha, NE
- Internship and Residency in Obstetrics and Gynecology, University of Miami / Jackson Memorial Hospital, Miami, FL
- Board-certified in Obstetrics and Gynecology, Female Pelvic Medicine & Reconstructive Surgery

J. Brian Hopper, MD, FACOG
Obstetrics & Gynecology
Highlands
- Medical Degree from University of Tennessee College of Medicine, Memphis, TN
- Internship and Residency in Obstetrics and Gynecology, University of Miami/ Jackson Memorial Hospital, Miami, FL
- Residency in Obstetrics and Gynecology, Louisiana State University, New Orleans, LA
- Board-certified in Obstetrics and Gynecology

Jesse J. Zerbe, MD
Obstetrics & Gynecology
Bella Vista Building
- Medical Degree from University of Florida College of Medicine, Gainesville, FL
- Internship in Obstetrics and Gynecology, University of Florida College of Medicine, Gainesville, FL
- Board-certified in Obstetrics and Gynecology

Call 863-680-7243 for an appointment today!