

Understanding
CHRONIC
KIDNEY DISEASE

It is estimated that one in every seven American adults are afflicted with **Chronic Kidney Disease** (CKD). Often referred to as the “silent disease” due to its initial lack of noticeable symptoms, the disease has a higher mortality rate than breast or prostate cancer. In light of this, it’s crucial that patients understand the risk factors, symptoms and available treatments that can help combat this dreaded disease.

RISK FACTORS

- African American ethnicity
- Diabetes
- Family history
- High blood pressure
- Smoking

Unfortunately many people with chronic kidney disease do not know they have it and many have not seen a specialist until they have advanced stages of kidney failure. If you would like to be checked for chronic kidney disease or if you have kidney disease and want to see one of our board-certified nephrology specialists you can call 863-680-7190 to schedule an appointment.

WATSON CLINIC

Nephrology

FOUR CONVENIENT LOCATIONS

Watson Clinic Bartow Building B
2000 Osprey Blvd. • Suite 201 • Bartow

Watson Clinic Highlands
2300 E. County Road 540A • South Lakeland

Watson Clinic Main
1600 Lakeland Hills Blvd. • North Lakeland

Watson Clinic Plant City
615 E. Alexander St. • Plant City

WATSON CLINIC

Nephrology

THE NEXT LEVEL IN KIDNEY CARE

Get Tested.

IMPROVE YOUR LIFE.

Watson Clinic nephrologists also provide the following services in addition to screening and diagnosis:

- Care for patients who require dialysis treatments at multiple facilities across Polk County.
- Hospital-based consultations for patients with kidney failure.
- Swift referrals to additional specialists and facilities when more specialized care is needed.
- Our patients are two times more likely to procure a kidney transplant when compared to the state average.



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Appointments: 863-680-7190
[WatsonClinic.com/Nephrology](https://www.WatsonClinic.com/Nephrology)

