Breastfeeding Care

from our

Board-Certified Lactation Consultant

Breastfeeding can promote healthy growth and development, life-long protection against serious disease, and special bonding opportunities between mother and child.

The process can also present its fair share of challenges, including breast pain or nipple discomfort, poor breastfeeding latch, milk supply issues, infections or general infant fussiness at the breast.

Watson Clinic registered nurse practitioner **Wendi Johnson, APRN** is an **International Board-Certified Lactation Consultant** with specialized training in providing high-quality breastfeeding care for new mothers and their babies.

Appointments may be scheduled with Ms. Johnson by calling 863-904-6238 or visiting WatsonClinic.com/WendiJohnson.

WATSON CLINIC LLP

Gynecology

Bella Vista Building | 1755 N. Florida Ave. | Lakeland, FL 33805

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Lactation Consults

Working alongside board-certified **Gynecologist John R. Ellington, Jr., MD**, International Board-Certified Lactation Consultant **Wendi Johnson, APRN** provides breastfeeding education and guidance to new and expectant mothers, valuable tips on dealing with a host of potential challenges such as breast discomfort and milk supply, and solutions for special circumstances such as inverted nipples, premature births, nursing after breast surgery, or the need to re-initiate lactation.

A certified lactation consultant is an essential member of the maternal-infant care team. In fact, it is recommended that consultations with these experts should begin before childbirth in order to ensure success along every step of your breastfeeding journey.

WENDI JOHNSON, APRN

Gynecology

Education

- Liberty University, Lynchburg, VA, BSN
- South University, Tampa, FL, MSN

Professional Activities & Memberships

- International Board-Certified Lactation Consultant by the IBLCE (International Board of Lactation Consultant Examiners)
- American Academy of Nurse Practitioners
- External Fetal Monitoring Certification

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WATSON CLINIC BELLA VISTA BUILDING

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