

# **WATSON CLINIC**

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## **LLP**

FOR IMMEDIATE RELEASE  
August 9, 2006

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## **Watson Clinic's Cardiac Rehab Achieves Prestigious Accreditation**

Lakeland, FL – Watson Clinic's Cardiac Rehabilitation department has recently achieved accreditation from the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).

Watson Clinic's Cardiac Rehab is the only program in Polk County and one of only 29 such programs in the entire state to receive this honor. This distinction signifies that the physicians and staff of the department maintain an impressive inventory of rehabilitation equipment, follow approved policies and procedures, possess impeccable operational readiness for emergency situations and provide exceptional patient care through assessments, therapies and follow-up care.

Established in 1985, the AACVPR's mission is to evaluate, recognize and support those institutions that furnish only the highest levels of quality and integrity to their cardiac patients. The committee members who preside over the accreditation process consist of cardiac program directors, patient advocates and other highly reputable medical professionals from across the country.

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(Watson Clinic's Cardiac Rehab Achieves Accreditation)

Page 2

Cardiac rehabilitation is recommended for patients with heart disease to assist them in returning to an optimal quality of life and to help minimize the effects of heart disease. The Watson Clinic Rehabilitation Team consists of highly trained professionals and includes registered nurses certified in Advanced Cardiac Life Support by the American Heart Association, exercise specialists, a dietician and our Medical Director, a cardiologist specializing in cardiac exercise and education.

**For more information on Watson Clinic's Cardiac Rehabilitation program, please call (863) 680-7490.**

*As one of the largest medical clinics in the southeast, Watson Clinic LLP ([www.watsonclinic.com](http://www.watsonclinic.com)) provides a comprehensive breadth of medical services to residents of Lakeland and surrounding communities. First established in 1941, Watson Clinic has grown to include nearly 200 providers in more than 38 specialties. The Clinic continues the legacy of improving the delivery of health care at the main campus, 1600 Lakeland Hills Boulevard, as well as at nine other convenient locations.*

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