DONATIONS

As a 501(c)(3) organization, the Foundation relies on generous donations to fulfill the promise of our mission.

To arrange your donation, please complete the donation form and submit to the address below.

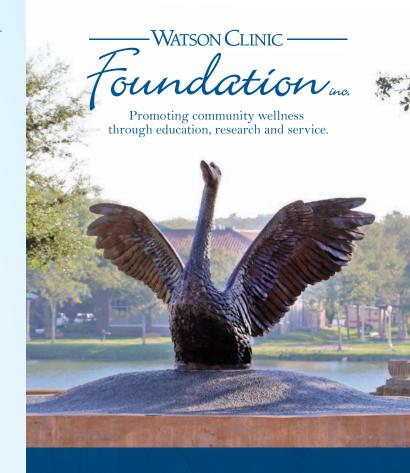
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WATSON CLINIC — Foundation inc.

through education, research and service.

1430 Lakeland Hills Blvd. • Lakeland, FL 33805

863-904-2656 www.WatsonClinic.com/WCF



Help Us Build the Foundation for a Healthier Community.

Since 1960, the **Watson Clinic Foundation** has worked to improve health awareness and the quality of medical care throughout our community. The Foundation's special programs and outreach efforts have impacted countless lives across the state of Florida and beyond.

All of these programs would not be possible without the generous financial support of compassionate individuals, local businesses, and members of the Watson Clinic family who have given so much to improve the lives of their fellow citizens.

Please consider making a donation to the Foundation so we can continue this meaningful work. Your compassionate contribution can help us ensure a healthier future for families in our community and beyond.

Paying It Forward

We understand that when it comes to keeping our community healthy and productive, we're all in this together. That's why the Watson Clinic Foundation provides support to organizations — both local and national — who share in

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One example of this is our donation of \$300,000 to the Breast Cancer Foundation of Central Florida, an organization that provides hope and help to local families living with breast cancer

our mission.

Our goal is to broaden our ambitions and influence by continuing to provide sizeable contributions to charitable organizations in

our community who we've long regarded as allies, including Talbot House Ministries, Lakeland Volunteers in Medicine, Volunteers in Service to the Elderly, United Way and others.

Education

Education is the key to elevating the wellness of our community. The Foundation's free community education programs help our local residents become more informed on diseases such as diabetes, breast cancer, ovarian cancer, heart disease and many others. Meanwhile, our Speakers Bureau offers healthcare professionals who share up-to-date wellness information to community groups, businesses, churches and other organizations.

The future of healthcare will be defined by the bright minds and talents of tomorrow. To empower this next generation, the Foundation awards a series of scholarships to nursing students at local colleges and universities.

Research

The Foundation has funded numerous research programs since its inception and continues to support the most promising research conducted today. These programs have made an indelible impact in shaping the course of treatment for a variety of health concerns.

Service

Throughout our history, we've instituted a number of initiatives that have empowered people to lead their healthiest lives. The programs include:

- A monthly Tools to Quit class geared at helping smokers who want to kick the habit. The class includes information of various types of nicotine replacements, product samples and much more.
- An Arts in Medicine program that enhances the lives of cancer patients and their families as they participate in artistic endeavors that reduce stress and facilitate an environment more conducive to healing.
- Free Community Health Screenings that help residents stay on top of issues like high blood pressure, as well as colon, skin and prostate cancer risks.
- As the Founder of the Lakeland Volunteers in Medicine clinic, we've helped to provide routine medical care to countless uninsured residents who live or work in the greater Lakeland area.
- The Foundation assisted in the launching of the "9-1-1" service in Polk County, the establishment of 37 charitable pacemaker banks in 24 third world nations in coordination with Rotary International, the distribution of cardiac defibrillators in ambulances and other emergency vehicles statewide, and donations of defibrillators and related education to several popular attractions and locations throughout Polk County.

