General Gynecology - Watson Clinic provides exceptional gynecologic care for every phase of a woman's life. We offer a complete range of services including annual evaluations, menstrual irregularity treatments, contraceptive modalities, minor in-office procedures, ultrasound evaluations, as well as highly advanced vaginal, laparoscopic and robotic surgical procedures.

Obstetrics & Delivery Coverage - For expectant mothers-to-be, our obstetricians are among the most recognized and accomplished in Central Florida. Our department provides services ranging from prenatal counseling to complete pregnancy care and everything in between, including genetic testing, the latest in 4D/3D ultrasound imaging, and effective management of the highest-risk pregnancies. Our team works closely together to ensure a warm and attentive continuity of care for each patient. We also offer a multitude of pregnancy, childbirth and newborn education classes and expert lactation consultants.

Female Pelvic Medicine & Reconstructive Surgery - For women experiencing pelvic pain, urinary incontinence, fecal incontinence and pelvic organ prolapse, our Female Pelvic Medicine and Reconstructive Surgery program offers the latest evaluation and treatment options available. From lifestyle and dietary modifications, pessary management, pelvic floor physical therapy, sacral neuromodulation, in-office surgeries and pelvic reconstructive efforts, our program will tailor an individualized treatment plan just for you.

Reproductive Endocrinology and Fertility - When certain health disorders and fertility issues hinder women from participating in the miracle of new life creation, Watson Clinic provides expert and compassionate consultation, evaluation and treatment options right here in Polk County. Our team offers consultative IVF services at the Bella Vista Building with a physician on staff at the nationally recognized Center for Reproductive Medicine to expand the breadth and availability of these services even further.

Gynecologic Oncology - Working closely with the OB-GYN team, gynecologic oncologist Dr. Richard J. Cardosi diagnoses and treats all cancers of the female reproductive system. Dr. Cardosi, a nationally recognized expert in robotic techniques, utilizes this in over 70% of his surgical procedures.

Delivering the Personalized Services You Expect

Watson Clinic’s OB-GYN department features a team of highly experienced specialists, both male and female providers, convenient Lakeland locations, and a complete roster of women’s health services including routine gynecologic care, high-risk pregnancy care and complex surgical capabilities. Patients are active participants in their own care, and referrals for screenings are provided as needed for laboratory services, bone density scans and the latest 3D mammography.

To schedule an appointment with an OB-GYN physician, please call:
863-680-7243
Bella Vista Building
1755 N. Florida Ave. • 3rd Floor • Lakeland
Highlands
2500 E. County Rd. 540A • 2nd Floor • Lakeland
Bartow Obstetrics & Gynecology
2000 Osprey Blvd., Suite 201 • Bartow

To view and register for upcoming education classes, established Watson Clinic OB-GYN patients should visit:
www.WatsonClinic.com/Events

Women’s Care that DELIVERS...for all ages.
Obstetrics & Gynecology

Samantha J. Curtis, MD
Obstetrics & Gynecology — Bella Vista Building
- Medical Degree from Medical College of Georgia, Augusta, GA
- Internship and Residency in Obstetrics and Gynecology, Winnie Palmer Hospital for Women & Babies, Orlando, FL

Tarek G. Garas, MD, FACOG, FACS
Obstetrics & Gynecology, Female Pelvic Medicine & Reconstructive Surgery — Bella Vista Building & Bartow Obstetrics & Gynecology
- Medical Degree from Creighton University School of Medicine, Omaha, NE
- Internship and Residency in Obstetrics and Gynecology, University of Miami / Jackson Memorial Hospital, Miami, FL
- Board-certified in Obstetrics and Gynecology, Female Pelvic Medicine & Reconstructive Surgery

Donald W. Langley, DO, FACOG
Obstetrics & Gynecology — Highlands
- Medical Degree from University of Health Sciences College of Osteopathic Medicine, Kansas City, MO
- Internship in Oklahoma State University College of Osteopathic Medicine, Tulsa, OK
- Residency in Obstetrics and Gynecology, University of Florida College of Medicine, Pensacola, FL
- Board-certified in Obstetrics and Gynecology

Megan B. Luciano, MD
Obstetrics & Gynecology — Bella Vista Building
- Medical Degree from Marshall University / Joan C. Edwards School of Medicine, Huntington, WV
- Internship and Residency in Obstetrics and Gynecology, Orlando Health/Winnie Palmer Hospital for Women & Babies, Orlando, FL

James B. Mammel, MD, FACOG
Obstetrics & Gynecology — Bella Vista Building
- Medical Degree from University of Michigan Medical School, Ann Arbor, MI
- Internship and Residency in Obstetrics and Gynecology, Clinical Faculty, Indiana University Medical Center, Indianapolis, IN
- Board-certified in Obstetrics and Gynecology

J. Brian Hopper, MD, FACOG
Obstetrics & Gynecology — Highlands
- Medical Degree from University of Tennessee College of Medicine, Memphis, TN
- Internship and Residency in Obstetrics and Gynecology, University of Miami / Jackson Memorial Hospital, Miami, FL
- Residency in Obstetrics and Gynecology, Louisiana State University, New Orleans, LA
- Board-certified in Obstetrics and Gynecology

Donald W. Langley, DO, FACOG
Obstetrics & Gynecology — Highlands
- Medical Degree from University of Health Sciences College of Osteopathic Medicine, Kansas City, MO
- Internship in Oklahoma State University College of Osteopathic Medicine, Tulsa, OK
- Residency in Obstetrics and Gynecology, University of Florida College of Medicine, Pensacola, FL
- Board-certified in Obstetrics and Gynecology

Megan B. Luciano, MD
Obstetrics & Gynecology — Bella Vista Building
- Medical Degree from Marshall University / Joan C. Edwards School of Medicine, Huntington, WV
- Internship and Residency in Obstetrics and Gynecology, Orlando Health/Winnie Palmer Hospital for Women & Babies, Orlando, FL

James B. Mammel, MD, FACOG
Obstetrics & Gynecology — Bella Vista Building
- Medical Degree from University of Michigan Medical School, Ann Arbor, MI
- Internship and Residency in Obstetrics and Gynecology, Clinical Faculty, Indiana University Medical Center, Indianapolis, IN
- Board-certified in Obstetrics and Gynecology

A. Nicole Sparks, MD
Obstetrics & Gynecology — Highlands
- Medical Degree from University of Kentucky College of Medicine, Lexington, KY
- Internship and Residency in Obstetrics and Gynecology, Chief Administrative Resident, Orlando Health/Winnie Palmer Hospital for Women & Babies, Orlando, FL

Alicia Belisle, ARNP-C
Obstetrics - Gynecology — Bella Vista Building and Bartow Obstetrics & Gynecology
Under the guidance of Dr. Garas

Wendi Johnson, ARNP-C
Obstetrics - Gynecology — Bella Vista Building and Bartow Obstetrics & Gynecology
Under the guidance of Dr. Garas

Jessica Lyons, PA-C
Gynecologic Oncology — Main Clinic
Under the guidance of Dr. Cardosi

Holly C. Payne, ARNP-C
Obstetrics — Gynecology — Highlands
Under the guidance of Dr. Hopper and Dr. Langley

Nicole Rule, ARNP-C
Gynecology — Bartow Obstetrics & Gynecology
Under the guidance of Dr. Garas

Italia Stuart, ARNP-C
Obstetrics - Gynecology — Highlands
Under the guidance of Dr. Hopper and Dr. Langley

Gynecology

Rosemary P. Cardosi, MD
Gynecology — Bella Vista Building
- Medical Degree from University of South Florida College of Medicine, Tampa, FL
- Residency in Obstetrics and Gynecology, University of South Florida College of Medicine, Tampa, FL
- Board-certified in Obstetrics and Gynecology

John R. Ellington, Jr., MD, FACOG
Gynecology — Bella Vista Building
- Medical Degree from Medical College of Georgia, Augusta, GA
- Internship, Residency and Instructor in Obstetrics and Gynecology, University of Alabama Medical Center, University Hospital, Birmingham, AL
- Board-certified in Obstetrics and Gynecology

Gynecologic Oncology

Richard J. Cardosi, MD, FACOG, FACS
Gynecologic Oncology, Main Clinic 863-680-7578
- Medical Degree from University of Tennessee College of Medicine, MD
- Internship & Residency in Obstetrics and Gynecology, University of South Florida College of Medicine, Tampa, FL
- Fellowship in Gynecologic Oncology, H. Lee Moffitt Cancer Center, Tampa, FL
- Board-certified in Obstetrics, Gynecology and Gynecologic Oncology

Call 863-680-7243 for an appointment.