Watson Clinic’s OB-GYN department features a team of highly experienced specialists, both male and female providers, convenient Lakeland locations, and a complete roster of women’s health services including routine gynecologic care, high-risk pregnancy care and complex surgical capabilities. Patients are active participants in their own care, and referrals for screenings are provided as needed for laboratory services, bone density scans and the latest 3D mammography.

General Gynecology - Watson Clinic provides exceptional gynecologic care for every phase of a woman’s life. We offer a complete range of services including annual evaluations, menstrual irregularity treatments, contraceptive modalities, minor in-office procedures, ultrasound evaluations, as well as highly advanced vaginal, laparoscopic and robotic surgical procedures.

Obstetrics & Delivery Coverage - For expectant mothers-to-be, our obstetricians are among the most recognized and accomplished in Central Florida. Our department provides services ranging from prenatal counseling to complete pregnancy care and everything in between, including genetic testing, the latest in 4D/3D ultrasound imaging, and effective management of the highest-risk pregnancies. Our team works closely together to ensure a warm and attentive continuity of care for each patient. We also offer a multitude of pregnancy, childbirth and newborn education classes and expert lactation consultants.

Female Pelvic Medicine & Reconstructive Surgery - For women experiencing pelvic pain, urinary incontinence, fecal incontinence and pelvic organ prolapse, our Female Pelvic Medicine and Reconstructive Surgery program offers the latest evaluation and treatment options available.

Reproductive Endocrinology and Fertility - When certain health disorders and fertility issues hinder women from participating in the miracle of new life creation, Watson Clinic provides expert and compassionate consultation, evaluation and treatment options right here in Polk County. Our team offers consultative IVF services at the Bella Vista Building with a physician on staff at the nationally recognized Center for Reproductive Medicine to expand the breadth and availability of these services even further.

Gynecologic Oncology - Working closely with the OB-GYN team, gynecologic oncologist Dr. Richard J. Cardosi diagnoses and treats all cancers of the female reproductive system. Dr. Cardosi, a nationally recognized expert in robotic techniques, utilizes this in over 70% of his surgical procedures.

Delivering the Personalized Services You Expect

Watson Clinic’s OB-GYN department features a team of highly experienced specialists, both male and female providers, convenient Lakeland locations, and a complete roster of women’s health services including routine gynecologic care, high-risk pregnancy care and complex surgical capabilities. Patients are active participants in their own care, and referrals for screenings are provided as needed for laboratory services, bone density scans and the latest 3D mammography.

From lifestyle and dietary modifications, pessary management, pelvic floor physical therapy, sacral neuromodulation, in-office surgeries and pelvic reconstructive efforts, our program will tailor an individualized treatment plan just for you.

Bartow Obstetrics & Gynecology
2000 Osprey Blvd., Suite 201 • Bartow

Bella Vista Building
1755 N. Florida Ave. • 3rd Floor • Lakeland

Highlands
2500 E. County Rd. 540A • 2nd Floor • Lakeland

To schedule an appointment with an OB-GYN physician, please call: 863-680-7243

To view and register for upcoming education classes, established Watson Clinic OB-GYN patients should visit: www.WatsonClinic.com/Events

www.WatsonClinic.com • Women’s Care that DELIVERS ...for all ages.
The following specialists assist members of the OB-GYN team for a superior healthcare experience.

### Watson Clinic Obstetrics & Gynecology Team

**Samantha J. Curtis, MD**  
**Obstetrics & Gynecology**  
**Bella Vista Building**  
- Medical Degree from Medical College of Georgia, Augusta, GA  
- Internship and Residency in Obstetrics and Gynecology, Winnie Palmer Hospital for Women & Babies, Orlando, FL

**Donald W. Langley, DO, FACOG**  
**Obstetrics & Gynecology**  
**Highlands**  
- Medical Degree from University of Health Sciences College of Osteopathic Medicine, Kansas City, MO  
- Internship in Oklahoma State University College of Osteopathic Medicine, Tulsa, OK  
- Residency in Obstetrics and Gynecology, University of Florida College of Medicine, Pensacola, FL  
- Board-certified in Obstetrics and Gynecology

**Tarek G. Garas, MD, FACOG, FACS**  
**Obstetrics & Gynecology, Female Pelvic Medicine & Reconstructive Surgery**  
**Bella Vista Building & Bartow Obstetrics & Gynecology**  
- Medical Degree from Creighton University School of Medicine, Omaha, NE  
- Internship and Residency in Obstetrics and Gynecology, University of Miami/Jackson Memorial Hospital, Miami, FL  
- Board-certified in Obstetrics and Gynecology, Female Pelvic Medicine & Reconstructive Surgery

**J. Brian Hopper, MD, FACOG**  
**Obstetrics & Gynecology**  
**Highlands**  
- Medical Degree from University of Tennessee College of Medicine, Memphis, TN  
- Internship and Residency in Obstetrics and Gynecology, University of Miami/Jackson Memorial Hospital, Miami, FL  
- Residency in Obstetrics and Gynecology, Louisiana State University, New Orleans, LA  
- Board-certified in Obstetrics and Gynecology

**Megan B. Luciano, MD**  
**Obstetrics & Gynecology**  
**Bella Vista Building**  
- Medical Degree from Marshall University/Joan C. Edwards School of Medicine, Huntington, WV  
- Internship and Residency in Obstetrics and Gynecology, Orlando Health/Winnie Palmer Hospital for Women & Babies, Orlando, FL

**A. Nicole Sparks, MD**  
**Obstetrics & Gynecology**  
**Highlands**  
- Medical Degree from University of Kentucky College of Medicine, Lexington, KY  
- Internship and Residency in Obstetrics and Gynecology, Chief Administrative Resident, Orlando Health/Winnie Palmer Hospital for Women & Babies, Orlando, FL

**Rosemary P. Cardosi, MD**  
**Gynecology**  
**Bella Vista Building**  
- Medical Degree from University of South Florida College of Medicine, Tampa, FL  
- Residency in Obstetrics and Gynecology, University of South Florida College of Medicine, Tampa, FL  
- Board-certified in Obstetrics and Gynecology

**John R. Ellington, Jr., MD, FACOG**  
**Gynecology**  
**Bella Vista Building**  
- Medical Degree from University of Kentucky College of Medicine, Lexington, KY  
- Internship, Residency and Instructor in Obstetrics and Gynecology, Chief Administrative Resident, Orlando Health/Winnie Palmer Hospital for Women & Babies, Orlando, FL

**Richard J. Cardosi, MD, FACOG, FACS**  
**Gynecologic Oncology**  
**Bella Vista Building — 863-680-7578**  
- Medical Degree from University of Tennessee College of Medicine, MD  
- Internship and Residency in Obstetrics and Gynecology, University of South Florida College of Medicine, Tampa, FL  
- Fellowship in Gynecologic Oncology, H. Lee Moffitt Cancer Center, Tampa, FL  
- Board-certified in Obstetrics, Gynecology and Gynecologic Oncology

**Alicia Belisle, APRN**  
**Obstetrics - Gynecology – Bella Vista Building and Bartow Obstetrics & Gynecology**  
- Under the guidance of Dr. Garas

**Brooke Bambridge, APRN**  
**Obstetrics - Gynecology – Highlands**  
- Under the guidance of Dr. Sparks

**Alicia Belisle, APRN**  
**Obstetrics - Gynecology – Bella Vista Building and Bartow Obstetrics & Gynecology**  
- Under the guidance of Dr. Garas

**Jessica Lyons, PA**  
**Gynecologic Oncology – Bella Vista Building**  
- Under the guidance of Dr. Richard Cardosi

**Laura Pellegrini, APRN**  
**Obstetrics - Gynecology – Bella Vista Building**  
- Under the guidance of Dr. Garas

**Nicole Rule, APRN**  
**Gynecology – Bartow Obstetrics & Gynecology**  
- Under the guidance of Dr. Garas

**Italia Stuart, APRN**  
**Obstetrics - Gynecology – Highlands**  
- Under the guidance of Dr. Hopper and Dr. Langley

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Call 863-680-7243 for an appointment.