It is estimated that one in every seven American adults are afflicted with **Chronic Kidney Disease** (CKD). Often referred to as the “silent disease” due to its initial lack of noticeable symptoms, the disease has a higher mortality rate than breast or prostate cancer.

In light of this, it’s crucial that patients understand the risk factors, symptoms and available treatments that can help combat this dreaded disease.

**RISK FACTORS**

- Diabetes
- High blood pressure
- Family history
- Smoking
- African American ethnicity

**SYMPTOMS**

- Nausea & loss of appetite
- Fatigue & sleep loss
- Difficulty concentrating
- Cramps
- Feet and ankle swelling
- Shortness of breath
- Uncontrolled high blood pressure
- Chest pain

Depending upon your risk factors and symptoms, your primary care provider may refer you to a nephrology specialist for further analysis and treatment.
Watson Clinic nephrologists also provide the following services in addition to screening and diagnosis:

- Care for patients who require dialysis treatments at multiple facilities across Polk County
- Hospital-based consultations for patients with kidney failure
- Swift referrals to additional specialists and facilities when more specialized care is needed
- Our patients are two times more likely to procure a kidney transplant when compared to the state average.

Call 863-680-7190 to schedule an appointment or visit www.WatsonClinic.com/Nephrology.