



Esther Spence, MPT is a Lakeland native, where she lives with her husband and three energetic daughters. She received her bachelor's degree in Biology from Florida Southern in 2003 and her master's degree in physical therapy from the University of South Florida in 2006. Esther has always loved being active and is a certified Pilates instructor. She feels honored to serve the community she grew up in and to help her patients return to the activities they love.



Michael Ward, DPT had a high school and college soccer career highlighted by an all conference freshman season where he received a full 5-year varsity scholarship at Liberty University. He grew up in Plant City and participated in the Olympic Develop Program and graduated as the valedictorian at Seffner Christian High School. Michael received his bachelor's degree in kinesiology from Liberty University in 2010 and then received his doctorate degree in physical therapy. His multiple knee surgeries ultimately led him to seek a sports medicine career in physical therapy.

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Watson Clinic's Physical Therapy & Sport Medicine location offers comprehensive rehabilitation services from a multitude of providers who specialize in physical therapy. In addition to treating an array of orthopaedic, neurological and sports-related injuries including hand therapy, manual therapy and vestibular rehabilitation, our expert care team members hold advanced certifications in orthopaedics and athletic training. Our outreach programs include orthopaedic screenings as part of high school, collegiate and professional team physicals.



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Betsy Anderson, DPT, ATC

has dual credentialing as an athletic trainer as well as a doctorate in physical therapy. A Polk County native from Fort

Meade, Betsy received her bachelor's degree from the University of North Florida in 2008 and her doctorate in physical therapy in 2011. Betsy has a passion for the Paralympics, serving as a classifier for the athletes.



Jack Ryals, PT, OCS, CCCI

has been practicing orthopedic physical therapy in Lakeland since 1999. Jack is board-certified as an orthopedic clinical specialist in

physical therapy and works with many colleges as a certified clinical instructor. Jack graduated from the University of Florida in 1999 with a bachelor's degree in physical therapy and became a certified athletic trainer. Jack spent 3 years working as a student athletic trainer for the Gator Football teams, men's track team, and women's volleyball team before going on to physical therapy school.



Judy Kuehnel, PT

brings 28 years of experience in the field of orthopedic physical therapy. Growing up in the competitive soccer system, she was awarded

a 4-year scholarship to the University of Connecticut. In 2005, she was inducted into the Connecticut Soccer Hall of Fame. She graduated from the University of Connecticut in 1989 with a bachelor's degree in physical therapy.



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