The Watson Clinic Center for Rehabilitative Medicine offers a full roster of physical therapy services delivered by a team of highly experienced and licensed specialists.

Our physical therapists provide services that help restore mobility and ease of movement, reduce discomfort, and teach skills that promote a healthy and active lifestyle. These therapies are especially beneficial to patients who have suffered an injury or want to learn skills to avoid one.

EQUIPMENT

The location employs state-of-the-art tools designed to maximize the effectiveness of your therapy. The Center for Rehabilitative Medicine is one of the only sites in Polk County to utilize a Biodex for objective testing and rehabilitation. This is the same model used by professional sports and college teams.

In addition, we are the only location in Polk County with a Neurocom SMART Balance Master, a system that can identify fall risks and prevent them, aid in the decision to return athletes to their sport following concussions or instability, and be used as a training tool during vestibular rehabilitation.

Operating Hours:
Monday – Friday: 7 am – 6 pm

1430 Lakeland Hills Boulevard • Lakeland, FL
863-680-7700
www.WatsonClinic.com/CRM
Watson Clinic’s Center for Rehabilitative Medicine offers expert services that are tailored to treat a variety of disorders, including:

- Neurologic cases — strokes, Parkinson’s disease
- Orthopaedic Rehabilitation & Sports Medicine
- Vestibular Rehab (nervous system & balance disorders)
- Lymphedema (limb swelling)
- Wound Care
- Neck/Back Pain
- Osteoporosis
- Sports Injuries
- Post-Operative Surgical Rehabilitation

The department features a team of board-certified specialists in orthopaedics, lymphedema, manual therapy, vestibular therapy, and wound care. Their close collaboration with Watson Clinic’s oncologists, general surgeons, orthopaedic surgeons, and additional specialists ensure a smooth continuity of care for established patients.

Each patient at Watson Clinic’s Center for Rehabilitative Medicine is treated every step of the way by a licensed therapist, and the department works to reduce patient discomfort by initiating the evaluation and treatment process quickly.

Expanded weekday hours provide an added convenience by making therapy sessions less likely to interfere with a patient’s work schedule.

The department also offers their very own insurance verification personnel who work directly with the patient’s insurance company, communicating out of pocket expenses and verifying co-pays in advance of the therapy session.

SERVICES
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- Post-Operative Surgical Rehabilitation

MEET OUR TEAM

Reah Leigh Armamento, PT, CLT, BSN
- Undergraduate Degree: Cebu Normal University, Cebu, Philippines, BSN
- Masters Program: Velez College, Cebu, Philippines, MS, Physical Therapy
- Certifications: Physical Therapy, Lymphedema Therapy

Jennifer Ann Beasley, PT, MPT, CCI
- Undergraduate Degree: Nova Southeastern University, Davie, FL, BS, Biology
- Masters Program: Nova Southeastern University, Davie, FL, Master of Physical Therapy
- Certifications: Physical Therapy, American Physical Therapy Association, Credentialed Clinical Instructor

Michael Bonner, PT, CWS
- Undergraduate Degree: Cook College/Rutgers University, New Brunswick, NJ, BS, Exercise Science & Sports Medicine
- Masters Program: Touro College, Dix Hills, NY, MA, Physical Therapy
- Certifications: Physical Therapy, American Board of Wound Management (ABWM), Certified Wound Care Specialist

Cynthia B. Cinquanti, PT, MPT
- Undergraduate Degree: University of Florida, Gainesville, FL, BS, Exercise & Sport Sciences
- Masters Program: Nova Southeastern University, Fort Lauderdale, FL, MS, Physical Therapy
- Certification: Physical Therapy

Heather H. Heye, PT, DPT
- Undergraduate Degree: University of New Hampshire, Durham, NH, BS, Kinesiology (Exercise Science)
- Doctorate Degree: University of Connecticut, Storrs, CT, Doctorate of Physical Therapy
- Certification: Physical Therapy

Julienne Yuchan Melanio, PT
- Undergraduate Degree: Stillman University, Dumaguete City, Philippines, BS, Physical Therapy
- Certification: Physical Therapy

Jennifer L. Patterson, PT, DPT, OCS, MTC, CCI
- Undergraduate Degree: University of Florida, Gainesville, FL, BS, Nutritional Sciences
- Doctorate Degree: University of St. Augustine, St. Augustine, FL, Doctorate of Physical Therapy
- Certifications: Physical Therapy, Orthopaedic Clinical Specialist, Manual Therapy, American Physical Therapy Association, Credentialed Clinical Instructor

Crystal L. Sauer, PT, DPT, CCI
- Undergraduate Degree: Florida Southern College, Lakeland, FL, BS
- Doctorate Degree: University of South Florida, College of Medicine, Tampa, FL, Doctorate of Physical Therapy
- Certifications: Physical Therapy, Credentialed Clinical Instructor

Helga Schlenger Vicent, PT
- Undergraduate Degree: Georgia State University, Atlanta, GA, BS, Physical Therapy
- Certification: Physical Therapy

Watson Clinic, LLP
Center for Rehabilitative Medicine
Appointments: 863-680-7700