



**John G. Canto, MD, MSPH, FACC, FACP, FAHA**  
**Director, Center for Cardiovascular Prevention,**  
**Research & Education**  
**Watson Clinic**  
**Lakeland, FL**  
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**AREAS OF EXPERTISE:**

Preventive Cardiology, Chest Pain, Myocardial Infarction and Heart Attack, Coronary Disease, Women-Minorities-Elderly with Heart Disease

**PROCEDURES/TESTS PERFORMED/INTERPRETED:**

Cardiac Catheterization, Right Heart Catheterization, Heart Biopsies, Swan Ganz Catheter Placement, Temporary Pacemakers, Pericardiocentesis (Diagnostic/Therapeutic), Transthoracic Echocardiography, Transesophageal Echocardiography, Stress Echocardiography, Nuclear Cardiology (Myocardial Perfusion Imaging, MUGA, First-Pass), Stress Treadmill Testing, Holter & Cardiac Event Monitoring.

**RESEARCH INTERESTS:**

Dr. Canto's research interests are in the area of outcomes research and acute coronary syndromes, especially as it pertains to women, minorities and the elderly. His research has led to increased awareness of racial/gender disparities in the management of myocardial infarction (heart attack) and atypical presentations in ischemic heart disease, which is a phenomenon often under-recognized, under-treated, and associated with worse outcomes. He has published numerous articles in prestigious journals such as the New England Journal of Medicine, JAMA, Journal of the American College of Cardiology, Circulation, the American Journal of Cardiology, and Archives of Internal Medicine. His work has been featured in the USA Today, New York Times, Washington Post, Wall Street Journal, Los Angeles Times, Time, Better Homes and Garden, and also National Public Radio, CNN, BBC, Good Morning America, and the NBC Nightly News with Tom Brokaw. He is presently the lead Principal Investigator for the American College of Cardiology's Guidelines Applied to Practice (GAP) National Project – Coronary Artery Disease.

**HIGHLIGHTS:**

Dr. Canto received his Bachelor of Arts Degree in Chemistry with a Concentration in Science, Technology and Public Policy at Carleton College, Northfield, Minnesota. He attended Medical School at the University of Minnesota, Minneapolis, Minnesota and completed his Medicine Internship and Residency at the University of Texas Southwestern Medical Center (Parkland), Dallas, Texas. He then finished a Cardiology Fellowship and Masters in Public Health at the University of Alabama at Birmingham, Birmingham, Alabama. Dr. Canto subsequently joined the UAB Faculty in the Division of Cardiology where he was the Director of the Chest Pain Center and Coronary Care Unit at University Hospital (1998-2004). He is also a Cardiovascular Epidemiologist and regularly taught the Cardiovascular Epidemiology Course at the UAB School of Public Health. While at UAB, he received numerous teaching awards such as the Tinsley Harrison Award for Best Clinical Teacher in the Department of Medicine and also Best Clinical Teacher in Cardiovascular Division. Dr. Canto is presently the Director, Center for Cardiovascular Prevention, Research, & Education, Co-Director of the Lipid Clinic and Director, Echocardiographic Laboratory at the Watson Clinic. He has maintained his academic appointments as Clinical Associate Professor of Medicine in the Division of Cardiovascular Diseases and Division of Preventive Medicine at the University of Alabama at Birmingham.