

ARE YOU TIRED OF BEING TIRED?



RESEARCHERS ESTIMATE THAT AS MANY AS
70 MILLION PEOPLE
SUFFER FROM A SLEEP DISORDER.

Sleeplessness, restless sleep or inadequate sleep can affect our mood, physical and cognitive function, and quality of life. Worst of all, a sleep disorder can contribute to more severe long-term health hazards, such as heart disease, high blood pressure, stroke and diabetes.

Watson Clinic's Sleep Disorders Center was one of the first sleep labs established in the state and is accredited by the American Academy of Sleep Medicine.

The sleep disorders center features the services of three board-certified physicians – pulmonologists **Dr. Eric Lipson, Dr. Nidal Sakka** and **Dr. Naem Shahrour**. Together, they treat a range of disorders, including:

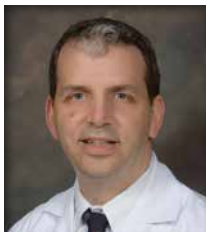
- Respiratory
- Cardiovascular and stress-related sleep disorders
- Seizures
- Sleepwalking
- Restless leg syndrome
- Insomnia
- Sleep apnea
- Narcolepsy

WATSON CLINIC LLP

Sleep Disorders Center

www.WatsonClinic.com/Sleep

Watson Clinic's Sleep Disorders Center is led by a team of board-certified physicians and other technicians who are specially trained in delivering exceptional sleep medicine services.



Eric Lipson, MD

Pulmonology

APPOINTMENTS:

863-680-7190



Nidal Sakka, MD

Pulmonology

APPOINTMENTS:

863-680-7190



Naem Shahrour, MD

Pulmonology

APPOINTMENTS:

863-680-7190

When further evaluation is needed, the center features a state-of-the-art sleep lab for patients who require more intensive evaluation. This elaborately equipped facility monitors all the necessary functions during a patient's sleep, including breathing, oxygen levels and heart rate.

WATSON CLINIC LLP

Sleep Disorders Center



ACCREDITED
Facility Member*

Watson Clinic Main

1600 Lakeland Hills Blvd. • Lakeland, FL 33805

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