

*Understanding*  
**CHRONIC**  
**KIDNEY DISEASE**

It is estimated that one in every seven American adults are afflicted with **Chronic Kidney Disease** (CKD). Often referred to as the “silent disease” due to its initial lack of noticeable symptoms, the disease has a higher mortality rate than breast or prostate cancer. In light of this, it’s crucial that patients understand the risk factors, symptoms and available treatments that can help combat this dreaded disease.

**RISK FACTORS**

- African American ethnicity
- Diabetes
- Family history
- High blood pressure
- Smoking

Unfortunately many people with chronic kidney disease do not know they have it and many have not seen a specialist until they have advanced stages of kidney failure. If you would like to be checked for chronic kidney disease or if you have kidney disease and want to see one of our board-certified nephrology specialists you can call 863-680-7190 to schedule an appointment.

**WATSON CLINIC**

*Nephrology*

**FOUR CONVENIENT LOCATIONS**

**Watson Clinic Bartow Building B**  
2000 Osprey Blvd. • Suite 201 • Bartow

**Watson Clinic Highlands**  
2300 E. County Road 540A • South Lakeland

**Watson Clinic Main**  
1600 Lakeland Hills Blvd. • North Lakeland

**Watson Clinic Plant City**  
615 E. Alexander St. • Plant City

# WATSON CLINIC

## Nephrology

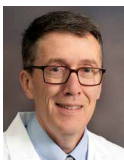
THE NEXT LEVEL IN KIDNEY CARE

*Get Tested.*

# IMPROVE YOUR LIFE.

Watson Clinic nephrologists also provide the following services in addition to screening and diagnosis:

- Care for patients who require dialysis treatments at multiple facilities across Polk County.
- Hospital-based consultations for patients with kidney failure.
- Swift referrals to additional specialists and facilities when more specialized care is needed.
- Our patients are two times more likely to procure a kidney transplant when compared to the state average.



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Appointments: 863-680-7190  
[WatsonClinic.com/Nephrology](https://www.WatsonClinic.com/Nephrology)

