

Lakeland, Florida – New technology using computer-controlled robotics has made it possible to perform even the most advanced gynecological procedures in a minimally invasive manner. Watson Clinic is pleased to announce that Richard Cardosi, M.D., a specialist in the treatment of gynecologic cancers, is the first gynecologic oncologist in the area to utilize the da Vinci robotic system for hysterectomies and advanced gynecologic cancer surgeries. He is, in fact, among only a few physicians in his specialty using this technology in the entire state.

The da Vinci robotic system is designed to perform hysterectomies and other advanced gynecologic surgical procedures in a minimally invasive manner. Cardosi trained in Atlanta to receive certification to use this system and is thrilled to provide his patients with this cutting-edge surgery typically only available in larger, metropolitan areas. He praises the new technology for the positive impact it has made in female-related procedures.

"We are now able to perform what were once highly invasive and complicated surgeries in a much less invasive manner. When I use the da Vinci robot, my patients have a much faster healing time, a lot less discomfort and scarring, and a quicker recovery to normal activity."

During the procedure, a robot with mechanical arms is positioned by the patient's bedside. Surgical tools are attached to the arms and inserted through very small incisions in a woman's abdomen. The surgeon remains in complete control of the procedure every step of the way.

Dr. Cardosi directs the robotic arms with specialized hand controls while sitting at a console from which he views the operating field in 3-D.

"Robotic surgery allows surgeons an enhanced three-dimensional vision of the procedure and an ability to maneuver and access hard-to-reach areas with much more ease," said Dr. Cardosi. "The future is now."

Dr. Cardosi joined Watson Clinic in spring 2005 coming from a private practice in Pensacola. He received his medical degree from the University of Tennessee College of Medicine and completed an internship and residency at the University of South Florida in Tampa. Dr. Cardosi also completed an additional fellowship in gynecologic oncology at Moffitt Cancer Center.



Appointments with Dr. Cardosi may be scheduled by calling (863) 680-7578.