



## **The Benefits of Receiving Your Breast Healthcare at Watson Clinic**

Watson Clinic has been an instrumental medical presence in Central Florida since 1941. We're one of the largest medical clinics in the Southeast with offices located in Polk, Hillsborough and Pasco counties.

Our medical group is comprised of over 200 board-certified physicians representing 40 medical and surgical specialties – including radiology, breast surgery, plastics surgery, hematology, radiation oncology, gynecologic oncology, surgical oncology, pulmonology and urology. Most health-related issues you are likely to experience in your lifetime can be handled at Watson Clinic. We have the largest, most experienced and complete cancer treatment team in Polk County serving more breast cancer patients than any other local facility. The breast surgery department is anchored by a distinguished member of the American Society of Breast Surgeons, where she was deemed one of the first of 50 surgeons nationwide to receive a Mastery of Breast Surgery designation.

The Watson Clinic Women's Center provides mammography and advanced breast imaging, breast surgery, reconstruction, and cosmetic enhancement. We pride ourselves on the timeliness of your breast care – from screening to diagnosis and from surgery to treatment. Patients benefit from the most advanced digital mammography technologies available, which produce images that are read by dedicated breast specialists with fellowship training and expertise in mammography, breast ultrasound and MRI.

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If areas of concern arise from your mammogram, image-guided needle biopsy is the standard of care and the initial diagnostic approach. Breast health nurse navigators are involved throughout all phases of a patient's care – from diagnosis to intervention and through survivorship. Complete pathologic and clinical staging is provided to patients along with receptors and markers for evaluation and treatment, with copies given to the patient. High risk patient evaluation and surveillance is coordinated with a semi-annual imaging regimen.

If surgery is needed, the Watson Clinic breast surgery team offers the widest variety of surgical options in the area, creating an environment where you can make the most informed decision possible concerning your care. These surgical services include breast conservation surgery (utilizing an oncoplastic approach), skin and nipple-sparing mastectomy, and immediate reconstruction during surgery by board-certified plastic surgeons. Lymphatic mapping and sentinel node biopsy are the preferred method of evaluating the lymphatic basin at risk. Options for surgical pain management include para vertebral block, epidural and pain pump placement. Post lumpectomy radiation therapy, including external beam and brachytherapy, is the standard of care for our patients.

Watson Clinic provides an interdisciplinary approach to patient care by evaluating breast cancer cases two times at a weekly multidisciplinary conference before surgery and again after surgery. This takes place at Watson Clinic's cancer center – the Center for Cancer Care & Research in Lakeland, a local affiliate of the renowned Moffitt Cancer Center. The Center for Cancer Care & Research was recently recognized as one of only three freestanding cancer centers in the nation to be accredited by the American College of Surgeons Commission on Cancer.

Patients are given opportunities to participate in groundbreaking clinical trials through the Watson Clinic Center for Research. Survivorship care is important, so Watson Clinic patients undergo lymphedema surveillance and treatment, imaging coordination, and are encouraged to enroll in support groups, nutrition counseling and local exercise programs.

**For more information, call 863-680-7556 or log onto [www.WatsonClinic.com](http://www.WatsonClinic.com). To schedule a mammogram, please call 863-680-7755, option 3.**

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