

HEART & VASCULAR LAB



If your cardiologist has determined that a cardiac catheterization is appropriate for you, your next stop may be Watson Clinic's Heart & Vascular Lab. Nestled on the first floor of the main clinic, the Heart & Vascular Lab enables Watson Clinic cardiologists and interventional radiologists to provide their patients with the most modern equipment available in the diagnosis of heart disease and peripheral vascular studies. Our goal is to provide you with exceptional cardiac care in a pleasant, compassionate environment. Our 10,000 square foot facility offers:

- Highly trained medical support staff all certified in Advanced Cardiac Life Support
- Philips Allura Monoplane 12-inch x-ray system
- Witt Biomedical Hemodynamic Monitoring system
- Private patient entrance with reserved parking
- Seven patient holding/observation rooms

What's a catheterization?

Catheterization, also known as angiogram, involves the use of a small, flexible, plastic tube to inject dye into an artery. X-rays are taken during this process to determine if there is an obstruction. Heart & Vascular Lab physicians can perform heart catheterizations, carotid angiograms (arteries that go to the head), renal angiograms (arteries that go to the kidneys), aortograms (the main artery that travels through the chest and abdomen), and peripheral angiograms (arteries that go to the arms or legs).

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Who needs a catheterization?

You may have symptoms of inadequate blood flow or a positive stress test; in which case, a catheterization can definitively show if these conditions are the results of a blockage in your arteries.

What is involved?

After you have fasted the night before, the Heart & Vascular Lab staff will get you ready for your procedure. You will have an IV placed in your hand or arm, so you can receive fluids as well as medicine to help you relax. Your groin area will be shaved prior to the procedure, and you will watch a short video about the procedure. When you go to the procedure room, the doctor will use local anesthesia to numb the skin over the artery in your groin. You will be given some medication through your IV to relax you. The doctor will then place a short catheter, called a sheath, into the artery. Long, thin, hollow, plastic tubes called catheters are then inserted through the sheath. When the catheter is in place, dye is injected into the artery while an x-ray movie is made. You probably won't feel these pictures being taken. When the doctor is finished taking pictures, the catheters are removed. The sheath is then removed by one of the cath lab staff, and you will be asked to lie in bed for about two hours afterward. The total time you will spend at the clinic for your procedure and recovery is probably about six hours.

Location:

Watson Clinic LLP - Main Clinic
Heart and Vascular Lab • 1st Floor
1600 Lakeland Hills Blvd., Lakeland

Hours:

7:00 am to 5:00 pm • Monday - Friday
By physician referral only
Phone: 863-680-7707



WATSON CLINIC LLP

Setting The Pace... One Heart At A Time

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