

New Practitioner Joins Pain Medicine Team



Brenda M. Giffen, ARNP

According to epidemiologic data, as many as 84% of Americans will suffer from an episode of acute back pain at some point in their lives. Watson Clinic pain management physician **Osman Latif, M.D.** and his assistant **Brenda M. Giffen, ARNP** cater to patients who require acute back pain evaluations and treatments.

Under the supervision of Dr. Latif, Brenda will record the relevant medical history of the patient, offer thorough evaluations, perform diagnostic testing and initiate conservative treatments. No diagnostic

testing is necessary prior to seeing Brenda. Brenda is happy to see all patients over 18. She also possesses specialty certification in the care of aging and elderly adults.

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“The opportunity to relieve someone’s pain is easily the most rewarding aspect of what I do”, says Brenda, who hopes the new program will be of invaluable service to countless back pain sufferers in the area.

Brenda attended Humber College of Applied Arts and Technology in Ontario, Canada, where she received her Nursing diploma. She followed at Florida Southern College, earning a Bachelor’s of Science in Nursing degree. Next she received her certification as a Gerontologic Nurse through the American Nurses Credentialing Center (ANCC). In addition, she has a Master’s of Science in Nursing, Family Nurse Practitioner concentration and is board-certified as a Family Nurse Practitioner through the ANCC. Finally, she completed a post-MSN Certification in Nursing Education from the University of Tampa.

She is a member of the American Nurses Association, Florida Nurses Association, the American Academy of Nurse Practitioners and the Polk County Advanced Practice Nurses Association.

Brenda began with Watson Clinic in 1999 and has worked as an ARNP in various departments. She looks forward to providing Watson Clinic patients the highest quality care using the latest evidenced based medicine guidelines for acute back pain. **To schedule an appointment with Dr. Latif or Brenda, please call 863-680-7300 and request an evaluation for acute back pain.**

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