

WHAT IS THE PREFERRED WAY TO TREAT VARICOSE VEINS?

The preferred way to treat varicose veins is to do an EVLT (Endovenous Laser Therapy) of RF (Radiofrequency) ablation for diseased large saphenous veins and their tributaries.

Q: WHAT IS EVLT?

A: Endovenous laser therapy is a minimally invasive procedure for venous reflux disease that involves the use of targeted light energy or heat to collapse and seal the vein shut.

Q: WHAT IS RF?

A: Radiofrequency ablation is a minimally invasive procedure for venous reflux disease using focal radiofrequency energy to the vein wall, causing it to heat, collapse, and seal shut.

Q: WHICH PROCEDURE IS THE MOST EFFECTIVE?

A: Both EVLT and RF have a 98% overall closure rate. Determination of which procedure will be used depends on multiple factors, with treatment recommendations specifically tailored to your needs at the time of consultation.

Q: WHAT IS ANOTHER WAY TO TREAT VARICOSE VEINS?

A: Some institutions are still performing traditional Vein Stripping, as well as Phlebectomy; where they remove small portions of the veins, and ligation; where they tie the vein trunks off. The newer EVLT, RF, and Ultrasound-Guided Sclerotherapy (also called Ultrasound- Guided Chemical Ablation) procedures are much less invasive and require little to no downtime.

Q: HOW LONG WILL MY TREATMENT TAKE?

A: Every patient is different and the extent of his or her disease will vary greatly. Most patients EVLT or RF procedures are completed in less than one hour.

Q: WHO PERFORMS THE TREATMENT PROCEDURES FOR VARICOSE VEINS?

A: The Vein Center is staffed by board certified Radiologists with specialized vascular and interventional fellowship training, as well as a surgically trained vascular Physician Assistant, and a Nurse Practitioner. Care is provided by Board Certified Radiologists, a certified Physician Assistant, a certified Nurse Practitioner, Radiology Practitioner Assistants, and dedicated Vascular Ultrasound Technicians.