

# ENDOCRINOLOGY

*Receive comprehensive  
endocrinology care from two  
convenient Watson Clinic locations!*

**Thomas W. Oates, MD**  
*Endocrinology*

**Watson Clinic Main**  
1600 Lakeland Hills Blvd.  
Lakeland, FL 33805



- **Education:** *Medical Degree: Ohio State University College of Medicine, Columbus, OH; Endocrinology Internship, Residency & Fellowship: University of Florida, College of Medicine, Gainesville, FL*

**Khanh T. Pham, MD**  
*Endocrinology*

**Watson Clinic Main**  
1600 Lakeland Hills Blvd.  
Lakeland, FL 33805

*Also scheduling appointments at:*

**Watson Clinic Bartow**  
2250 Oprey Blvd., Suite 100  
Bartow, FL 33830



- **Education:** *Medical Degree: Thomas Jefferson University/Jefferson Medical College, Philadelphia, PA; Internal Medicine, Internship & Residency, Endocrinology Fellowship: Henry Ford Hospital, Detroit, MI*

*Appointment Line*

**863-680-7190**

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## **Endocrinology is the field of medicine involving the diagnosis and treatment of disorders of the endocrine system.**

The disorders include diabetes, thyroid disease, hormone imbalances, metabolism disorders, hypertension, cholesterol issues, and endocrine cancer.

Watson Clinic's board-certified endocrinologists Drs. Thomas W. Oates and Khanh T. Pham provide comprehensive treatments for these and other similar disorders; in particular, the management of diabetes, a disease which is thought to afflict up to 20 million people in the U.S. alone.

Diabetes is caused by a shortage or resistance to insulin, a hormone that is produced by the pancreas to control blood sugar levels. Without proper diagnosis and treatment, the ill effects of diabetes may include a host of debilitating and potentially permanent side effects, including fatigue, vision loss, peripheral vascular disease, hypertension, stroke and more.

Considering the complex and far-reaching implications of diabetes, our endocrinology team works closely with the patient to properly manage the disease, and prescribes detailed regimens for medication, diet and exercise.