



WHAT IS ENDO CRINO LOGY?

ENDOCRINOLOGY IS THE FIELD OF MEDICINE INVOLVING THE DIAGNOSIS AND TREATMENT OF DISORDERS OF THE ENDOCRINE SYSTEM.

These disorders include diabetes, thyroid disease, hormone imbalances, metabolism disorders, hypertension, cholesterol issues and endocrine cancer.

Watson Clinic's expert Endocrinology team – consisting of board-certified physicians **Madiha Alvi, MD**, **Vindya Boelke, MD** and **Khanh T. Pham, MD** – provide comprehensive treatments for these and other related disorders. One of their principal areas of expertise lies in the management of diabetes, a disease which is thought to afflict over 30 million people in the U.S. alone.

Diabetes is caused by a shortage or resistance to insulin, a hormone that is produced by the pancreas to control blood sugar levels. Without proper diagnosis and treatment, diabetes can lead to fatigue, vision loss, peripheral vascular disease, hypertension, stroke and more.

From prescription medications to guidance on matters of diet and exercise, Watson Clinic's Endocrinology team works closely with each patient to help them properly manage their disease. Their efforts are further supported by Watson Clinic's Certified Diabetes Educators who offer self-management classes and individual training sessions with a physician referral.

**CALL 863-680-7190 FOR
AN APPOINTMENT TODAY!**

www.WatsonClinic.com/Endocrinology

MEET OUR ENDOCRINOLOGY TEAM AT WATSON CLINIC

Madiha M. Alvi, MD

- **Medical Degree:** Punjab University/Fatima Jinnah Medical College for Women, Lahore, Pakistan
- **Residency:** Internal Medicine, Bassett Medical Center/Columbia University, New York, NY
- **Fellowship:** Endocrinology, Diabetes & Metabolism, University of Vermont/Fletcher Allen Healthcare, Burlington, VT
- **Board-certified:** Endocrinology, Diabetes and Metabolism
- **Location:** Watson Clinic Main



Vindya Boelke, MD

- **Medical Degree:** George Washington University School of Medicine & Health Sciences, Washington, DC
- **Residency & Fellowship:** Internal Medicine & Endocrinology/Diabetes Medicine, University of South Florida Morsani College of Medicine, Tampa, FL
- **Board-certified:** Endocrinology, Diabetes and Metabolism
- **Locations:** Watson Clinic Main & Watson Clinic Plant City



Khanh T. Pham, MD

- **Medical Degree:** Thomas Jefferson University/ Jefferson Medical College, Philadelphia, PA
- **Internship & Residency:** Internal Medicine, University of California, Irvine, CA
- **Fellowship:** Endocrinology, Henry Ford Hospital, Detroit, MI
- **Board-certified:** Endocrinology, Diabetes and Metabolism
- **Locations:** Watson Clinic Main & Watson Clinic Bartow Building A



WATSON CLINIC

Endocrinology

THREE CONVENIENT LOCATIONS TO SERVE YOU

Watson Clinic Main • 1600 Lakeland Hills Blvd. • Lakeland, FL

Watson Clinic Bartow Building A • 2250 Osprey Blvd., Suite 100 • Bartow, FL

Watson Clinic Plant City • 615 E. Alexander St. • Plant City, FL



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