

Your Central
Florida Center
for Gynecologic
Cancer Care

Dr. Richard J. Cardosi
Comprehensive Care for Women
with Gynecologic Cancer



Dr. Cardoso is a *gynecologic oncologist* who provides comprehensive care for women with gynecologic malignancies and complex benign gynecologic conditions. He performs a host of services and procedures including radical pelvic surgery, colorectal and genitourinary surgery, placement of mediports, chemotherapy administration and manages the side effects and complications of these treatments.

Dr. Cardoso graduated *summa cum laude* from Christian Brothers University in his hometown of Memphis, Tennessee with a degree in Chemistry. He earned his medical degree from the University of Tennessee College of Medicine with *high honors*. He subsequently relocated to Tampa and received his residency training in obstetrics and gynecology at the University of South Florida, where he also served as Administrative Chief Resident. He went on to complete a subspecialty fellowship in Gynecologic Oncology at H. Lee Moffitt Cancer Center & Research Institute in Tampa, while simultaneously acting as an Instructor in the department of Obstetrics and Gynecology at the University of South Florida where he was responsible for resident education and training.

Dr. Cardoso has authored many publications in peer reviewed medical journals as well as several review articles and book chapters. He is a National Cancer Institute Clinical Investigator (NCI), and an active participant in clinical trials both for the NCI and the Gynecologic Oncology Group, an international cooperative research group.

Dr. Cardoso is board certified by the American Board of Obstetrics and Gynecology in both Ob/Gyn & Gynecologic Oncology and is currently a member of Alpha Omega Alpha Medical Honor Society, the American College of Obstetricians and Gynecologists, the Society of Gynecologic Oncology, the American College of Surgeons, the American Society of Clinical Oncologists and additional local medical societies.

Valerie Wengert, PA-C delivers compassion and clinical excellence as she assists Dr. Cardoso in the office, at the hospital and with surgery. She has credentials well suited for our practice with a Bachelor of Science degree in both Psychology (University of Buffalo) and Biomedical Sciences (University of South Florida), and she earned her Master of Medical Science from Nova Southeastern. Valerie also completed a genetic counseling internship and is a nationally certified *physician assistant*. Her previous experience also includes time as a Buffalo Bills cheerleader, being selected as only one of five individuals to roll out and implement anti-fraud Medicaid software program and of course experience in women's healthcare. She is currently a member of the Florida Academy of Physician Assistants and the American Association of Surgical Physician Assistants.





Meet Our Team

As specialists in gynecologic cancer, we strive to provide our patients with the latest advancements in the field using modern technology and research, the highest level of expert and compassionate care, and the most comprehensive host of services from consultation to in-office chemotherapy to complex surgical efforts, including robotic surgery.

Our practice is designed with your convenience and efficiency of care in mind. Housed in Watson Clinic's Main location, we can assure that every necessary resource - including on-site laboratory, radiology and EKG services,

and an in-house pharmacy - will be well within the patient's reach, allowing for a greater continuity of care and eliminating the need for multiple visits. Additional services like valet parking and wheelchair assistance make patient visits even more comfortable and welcoming.

We remain actively involved with a patient's therapy throughout their entire treatment course, and we promptly and regularly communicate with all referring physicians at initial consultation and throughout the treatment process.

Please call our office to schedule a consultation or visit our website to learn more about our services.

863-680-7578 • www.WatsonClinic.com/Cardosi



Your Needs Are Our Priorities

Gynecologic Cancers

Gynecologic malignancies include uterine, ovarian, fallopian tube, cervical, vulvar, and vaginal cancers, primary peritoneal cancer, and gestational trophoblastic disease. These conditions are typically seen in woman over the age of 50, but can occur at anytime in a woman's life. Although abnormal vaginal bleeding may be a warning sign for some gynecologic cancers, others (particularly ovarian cancer) have a more vague and non-specific presentation such as abdominal swelling or bloating. Please visit our website to learn more.

Treatment

The most common treatment for gynecologic malignancies is surgery. This can often be accomplished with minimally invasive or robotic-assisted techniques, while a more traditional approach is needed at other times. Radiation is occasionally necessary in addition to surgery, and some women can be cured with radiation alone. Chemotherapy is also an important treatment modality for many gynecologic cancers. This is usually administered as an adjunct to surgery or radiation. Treatments are personalized for each individual woman to achieve a maximum tumor response with minimal patient inconvenience and discomfort. Both radiation and chemotherapy are usually administered on an outpatient basis.

Robotic Surgery

One of the most significant advancements in modern medical technology, robotic surgery, has enabled surgeons to perform a host of procedures in a less invasive manner than ever before. Few surgeons have embraced and excelled in utilizing robotic technology more than Dr. Cardosi.

In fact, he has been ranked among the top 10 nationally with regards to his Gynecologic Oncology robotic experience. Dr. Cardosi was the first physician in Polk County to successfully complete a hysterectomy utilizing robotics. The majority of his surgeries are now completed robotically.

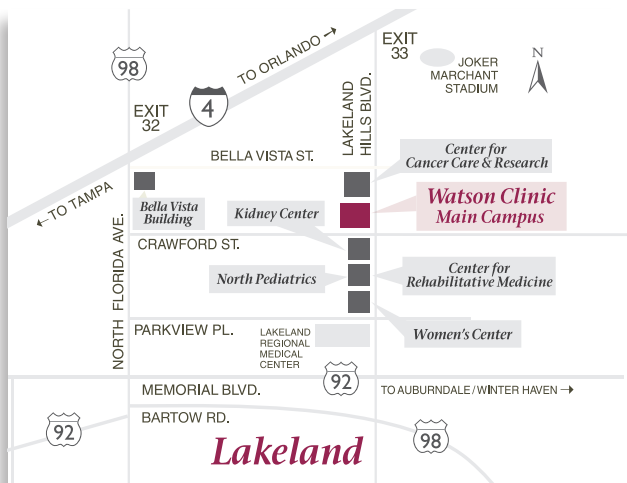
During a robotic procedure, a robot with mechanical arms is positioned at the patient's bedside. Surgical tools are attached to the arms and inserted through very small dime-sized incisions. Dr. Cardosi remains in complete control of the procedure every step of the way, directing the robotic arms with specialized hand controls while sitting at a console from which he views the operating field in 3-D with high definition optics.

The robotic controls are unrivaled in their precision, resulting in less scarring, less blood loss, and a substantially faster recovery time.



Location:
Main Campus

1600 Lakeland Hills Blvd. • Lakeland, FL • Appointments: 863-680-7578
www.WatsonClinic.com/Cardosi • Monday - Friday 8:00 am - 4:30 pm



WATSON CLINIC LLP
Quality Healthcare for Every Generation


**Center
 for
 Cancer Care
 & Research**
 An affiliate of H. Lee Moffitt
 Cancer Center & Research Institute

Watson Clinic is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC). The Center for Cancer Care & Research (CCCR) is Polk County's only affiliate of Moffitt Cancer Center. In addition, CCCR is one of only three freestanding cancer centers in the entire country to receive a three-year accreditation from the American College of Surgeons Commission on Cancer.

For more information, log onto www.WatsonClinic.com/Cardosi.